



BVS Dhamma School
Leading the way to happiness

Syllabus for Grade 1

1	Topic	Homage
	Learning Objective	Children to understand the meanings/ English translation of Pāli version
	Focus/Source	a) Pg 1 – Buddhism Stage 1 published by the “The Buddhist”

2	Topic	The Temple
	Learning Objective	Children to be familiar with key worshipping places of a temple- Chetiya, Bodhi Tree and the Buddha Statue. Draw and color objects of offerings-Flowers, Oil Lamp, Incense
	Focus/Source	Pg 3 – Buddhism Stage 1 published by the “The Buddhist”

3	Topic	The Temple
	Learning Objective	Draw and color key worshipping places of a temple- Chetiya, Bodhi Tree and the Buddha Statue and objects of offerings- Flowers, Oil Lamp, Incense
	Focus/Source	Pg 3 – Buddhism Stage 1 published by the “The Buddhist”

4	Topic	Respecting the Venerable Monks
	Learning Objective	To make them understood the proper way of respecting Venerable monks
	Focus/Source	“Sīlavantam gunavantam Punnakkhettam anuttaram Dullabhena mayā laddham Buddhaputtam namāmaham”

5	Topic	The Triple Gem –<i>Buddha Vandanā</i>
	Learning Objective	Children to understand what Triple Gem is. The teacher is to recite the Pāli version of the stanzas so the children will be able to pronounce the Pāli words correctly.
	Focus/Source	Pg 7 – Buddhism Stage 1 published by the “The Buddhist”

6	Topic	The Triple Gem –<i>Dhamma Vandanā</i>
	Learning Objective	Children to understand what Triple Gem is. The teacher is to recite the Pali version of the stanzas so the children will be able to pronounce the Pāli words correctly.
	Focus/Source	Pg 7 – Buddhism Stage 1 published by the “The Buddhist”

7	Topic	The Triple Gem –<i>Sangha Vandanā</i>
	Learning Objective	Children to understand what Triple Gem is. The teacher is to recite the Pali version of the gathas so the children will be able to pronounce the Pali words correctly.
	Focus/Source	Pg 7 – Buddhism Stage 1 published by the “The Buddhist”

8	Topic	The Story of Prince <i>Siddhārtha</i>/ Naming Ceremony
	Learning Objective	Focus on Prince Siddhartha’s Birth and Naming Ceremony.
	Focus/Source	a) Pg 9-12 – Buddhism Stage 1 published by the “The Buddhist”

	Topic	Five Precepts- First Precept
9	Learning Objective	Make children aware of the English translation of First Precept and importance of following the First Precept.
	Focus/Source	a) Pg 14 – Buddhism Stage 1 published by the “The Buddhist”

	Topic	Five Precept- Second Precept
10	Learning Objective	Make children aware of the English translation of Second Precept and importance of following the Second Precept.
	Focus/Source	a) Pg 15 – Buddhism Stage 1 published by the “The Buddhist”

	Topic	Five Precepts- Third Precept
11	Learning Objective	Make children aware of the English translation of Third Precept and importance of following the Third Precept.
	Focus/Source	a) Pg 16– Buddhism Stage 1 published by the “The Buddhist”

	Topic	Five Precepts- Fourth Precept
12	Learning Objective	Make children aware of the English translation of Fourth Precept and importance of following the Fourth Precept.
	Focus/Source	Pg 17– Buddhism Stage 1 published by the “The Buddhist”

	Topic	Five Precepts- Fourth Precept
13	Learning Objective	Make children aware of the English translation of Fourth Precept and importance of following the Fourth Precept.
	Focus/Source	Pg 17– Buddhism Stage 1 published by the “The Buddhist”

	Topic	Kindness of Prince <i>Siddhartha</i>
14	Learning Objective	Children to understand great qualities of Prince Siddhārtha. Elaborating the story of Prince Devedatta shooting at a flying swan.
	Focus/Source	Pg 19– Buddhism Stage 1 published by the “The Buddhist” Teacher to create a play – children take part in the drama. Ask simple questions to see whether children have learned the good habit taught by the story

15	Topic	Kindness of Prince <i>Siddhārtha</i>
	Learning Objective	Children to understand great qualities of Prince Siddhartha.
	Focus/Source	Pg 20-21 – Buddhism Stage 1 published by the “The Buddhist”

16	Topic	<i>Vesak Poya Day I</i>
	Learning Objective	. Children to learn the importance of Vesak and significant events associated the Buddha’s life
	Focus/Source	a) Pg 23 – Buddhism Stage 1 published by the “The Buddhist”

17	Topic	<i>Vesak Poya Day II</i>
	Learning Objective	Children to learn the importance of Vesak and significant events associated the Buddha's life
	Focus/Source	a) Pg 23 – Buddhism Stage 1 published by the “The Buddhist”

18	Topic	Song to celebrate the Full-moon day
	Learning Objective	Children to learn how we behave in the temple premises and how we worship Lord Buddha
	Focus/Source	a) Pg 22 – Buddhism Stage 1 published by the “The Buddhist”

19	Topic	<i>Poson Poya Day I</i>
	Learning Objective	The importance of Poson Poya
	Focus/Source	a) Pg 12 – Buddhism Stage 2 published by the “The Buddhist”

20	Topic	<i>Poson Poya Day II</i>
	Learning Objective	The importance of Poson
	Focus/Source	a) Pg 13 – Buddhism Stage 2 published by the “The Buddhist”

	Topic	Worshipping Mother
21	Learning Objective	Children to learn and understand the English translation of the stanza “ <i>Dasa māse</i> ” and to pronounce the Pāli words correctly.
	Focus/Source	a) Pg 24 – Buddhism Stage 1 published by the “The Buddhist”

	Topic	Worshipping Father
22	Learning Objective	Children to learn and understand the English translation of the gatha “ <i>Vuddhikāro</i> ” and to pronounce the Pali words correctly.
	Focus/Source	a) Pg 24 – Buddhism Stage 1 published by the “The Buddhist”

23	Topic	<i>Mettā</i> Meditation I
	Learning Objective	Children are to simply understand the key elements of <i>Mettā</i> Meditation Teacher along with children will practice <i>Mettā</i> Meditation in the classroom
	Focus/Source	a) Pg 26– Buddhism Stage 1 published by the “The Buddhist”

24	Topic	<i>Mettā</i> Meditation II
	Learning Objective	Children are to simply understand the key elements of <i>Mettā</i> Meditation Teacher along with children will practice <i>Mettā</i> Meditation in the classroom
	Focus/Source	a) Pg 26– Buddhism Stage 1 published by the “The Buddhist”

	Topic	Places in Sri Lanka where <i>Gautama Buddha</i> visited
25	Learning Objective	To give a brief overview about the three places Gautama Buddha visited- <i>Mahiyangana, Nāgadeepa, Kelaniya</i>
	Focus/Source	Buddhism for the Primary School-IBH

	Topic	Review Activities
26	Learning Objective	Make children ready for the final exam
	Focus/Source	Pg 27– 28 Buddhism Stage 1 published by the “The Buddhist”

	Topic	Review Activities
27	Learning Objective	Make children ready for the final exam
	Focus/Source	Pg 29,30,31- Buddhism Stage 1 published by the “The Buddhist”

	Topic	Final Exam
28	Learning Objective	Evaluation
	Focus/Source	Past Lessons