



**BVS Dhamma School**  
Leading the way to happiness

## Syllabus for Grade 7

<b>1</b>	<b>Topic</b>	<b>The <i>Buddha</i> - A Unique Teacher</b>
	<b>Learning Objective</b>	Explain the uniqueness of the Buddha Introduction to the Buddha's teachings Introduction to Tri - Pitaka
	<b>Focus/Source</b>	Ven. Dr.Mirisse Dhammika Theo, Grade 7 Siri Sudassanarama Dhamma School, Pannitiya Road, Sri Lanka.

<b>2</b>	<b>Topic</b>	<b>Eight Precepts and Revision of Five Precepts</b>
	<b>Learning Objective</b>	Recite Five and Eight precepts in Pāli correctly and explain their meanings Explain the importance and usefulness of 5 <sup>th</sup> to 8 <sup>th</sup> precepts in lay life Explain the ethics and moral values of 5 <sup>th</sup> to 8 <sup>th</sup> precepts
	<b>Focus/Source</b>	Ibid.

<b>3</b>	<b>Topic</b>	<b>Eight Precepts and the Analysis</b>
	<b>Learning Objective</b>	Discuss the value of the eight precepts towards a peaceful society
	<b>Focus/Source</b>	Ibid.

<b>4</b>	<b>Topic</b>	<b>Three Bases of Merits</b>
	<b>Learning Objective</b>	Explain the importance of three bases of merits
	<b>Focus/Source</b>	Ibid.

<b>5</b>	<b>Topic</b>	<b>Three Bases of Merits and their Analysis</b>
	<b>Learning Objective</b>	Analyze and explain how these merits become basic and ultimate Buddhist practices achieving Nibbāna
	<b>Focus/Source</b>	Ibid.

6	<b>Topic</b>	<b>Four Noble Truths</b>
	<b>Learning Objective</b>	Explain what the four noble truths are  Discuss how four noble truths explain the reality of life and nature
	<b>Focus/Source</b>	Ibid.

7	<b>Topic</b>	<b>Four Noble Truths and Eight Fold Path</b>
	<b>Learning Objective</b>	Analyze how these two teachings (concepts) are interrelated each other  Discuss what Buddhists achieve through following these two concepts  Discuss how these concepts are valuable for a good behavior and a good neighborhood
	<b>Focus/Source</b>	Ibid.

8	<b>Topic</b>	<i>Jātaka Stories: Nalapāna Jātakaya, Nigrodhamiga Jātakaya</i>
	<b>Learning Objective</b>	Narrate the Jātaka stories with the moral ethics of each of the story  Discuss the good and bad things and relate them with the lay life
	<b>Focus/Source</b>	Jātaka Stories: Nalapāna Jātakaya, Nigrodhamiga Jātakaya

9	<b>Topic</b>	<b>Two chief disciples of Buddha; Ven.<i>Sāriputta</i> &amp; Ven.<i>Moggallāna</i></b>
	<b>Learning Objective</b>	Briefly explain the life stories of Ven. <i>Sāriputta</i> & Ven. <i>Moggallāna</i> and list their humanities/moral behavior.
	<b>Focus/Source</b>	Ibid.  Relatives and Disciples of Buddha, The Corporate of the Buddha Education and Foundation, Taipei, Taiwan

10	<b>Topic</b>	<b>Ven.<i>Ānanda</i></b>
	<b>Learning Objective</b>	Explain Ven. <i>Ānanda</i> 's life and his services to the Buddhist Society.
	<b>Focus/Source</b>	Ibid.  Relatives and Disciples of Buddha, The Corporate of the Buddha Education and Foundation, Taipei, Thaiwan

11	<b>Topic</b>	<b><i>Mahāprajāpatī Gothamī</i></b>
	<b>Learning Objective</b>	Discuss the life story of <i>Mahāprajāpatī Gotamī</i> and her service to the “ <i>Bikkhunī Sāsana</i> ”
	<b>Focus/Source</b>	Ibid.  Relatives and Disciples of Buddha, The Corporate of the Buddha Education and Foundation, Taipei, Taiwan

12	<b>Topic</b>	<b><i>Buddha's journey to Sri Lanka</i></b>
	<b>Learning Objective</b>	Explain the three Buddha's visits to Sri Lanka; Discuss the places and the religious stories behind them.
	<b>Focus/Source</b>	<a href="http://www.buddhanet.net">www.buddhanet.net</a> <a href="http://www.sripada.org">www.sripada.org</a>

13	<b>Topic</b>	<b><i>The Last Days of Buddha</i></b>
	<b>Learning Objective</b>	Explain Buddha's deadly sickness and Mara's appeal Eight causes of Earthquakes
	<b>Focus/Source</b>	Ibid.

14	<b>Topic</b>	<b><i>The Last Meal</i></b>
	<b>Learning Objective</b>	Explain the last meal; the place, with whom, how they prepared Explain the last place of rest Places of Pilgrimage, The last Disciples
	<b>Focus/Source</b>	Ibid.

	<b>Topic</b>	<i>Karaṇīyamettasutta</i>
<b>15</b>	<b>Learning Objective</b>	Recite the Pāli stanzas Explain the meaning of the discourse of Karaṇīyametta Sutta. Highlight the important aspects of the Sutta towards personnel development
	<b>Focus/Source</b>	Ibid.

	<b>Topic</b>	<b>Introduction to Meditation</b>
<b>16</b>	<b>Learning Objective</b>	Explain the difference between Mettā Bhāvana, Anapānasati Bhāvanā, Buddhanusmṛti Bhāvanā Do a short meditation in class in correct posture
	<b>Focus/Source</b>	Ibid.

	<b>Topic</b>	<b>Stanzas in <i>Dhammapada</i> (I-1/2)</b>
<b>17</b>	<b>Learning Objective</b>	Recite
		Explain the meanings
		Discuss how the concepts given in those stanzas to help us to develop our life
	<b>Focus/Source</b>	Ibid.
		The Dhammapada, The Buddha's Path to Wisdom, Ven. Buddharakitha, <a href="http://www.buddhanet.net">www.buddhanet.net</a>

	<b>Topic</b>	<b>Stanzas in <i>Dhammapada</i> (I-3/4)</b>
<b>18</b>	<b>Learning Objective</b>	Recite
		Explain the meanings
		Discuss how the concepts given in those stanzas to help us to develop our life
	<b>Focus/Source</b>	Ibid.
		The Dhammapada, The Buddha's Path to Wisdom, Ven. Buddharakkhitha, <a href="http://www.buddhanet.net">www.buddhanet.net</a>

19	<b>Topic</b>	<b>Buddhist monuments in Sri Lanka</b>
	<b>Learning Objective</b>	Explain the different monuments find in Sri Lanka and their historical and cultural value
	<b>Focus/Source</b>	<a href="http://www.buddhainsrilanks.net">www.buddhainsrilanks.net</a> <a href="http://www.wikipedia.org">www.wikipedia.org</a> <a href="http://www.lanka.com">www.lanka.com</a>

20	<b>Topic</b>	<i>Sri Mahā Bodhiya, Ruvanweliseya, Daladā Māligāva and Mihinthālaya</i>
	<b>Learning Objective</b>	The history of Sri Mahā Bodhiya, Ruvanweliseya, Daladā Maligawa and Mihintalaya
	<b>Focus/Source</b>	<a href="http://www.buddhainsrilanks.net">www.buddhainsrilanks.net</a> <a href="http://www.wikipedia.org">www.wikipedia.org</a> <a href="http://www.lanka.com">www.lanka.com</a>

21	<b>Topic</b>	<b>Sri Lankan Buddhist Celebrations</b>
	<b>Learning Objective</b>	Explain different Buddhist celebrations in Sri Lanka as well as in other Buddhist countries and the importance and the history behind each celebration.
	<b>Focus/Source</b>	<a href="http://www.buddhist-tourism.com">www.buddhist-tourism.com</a> <a href="http://www.wikipedia.com">www.wikipedia.com</a> <a href="http://www.lanka.com">www.lanka.com</a>



22	<b>Topic</b>	<b>Buddhist teachings towards a better life</b>
	<b>Learning Objective</b>	Discuss how Buddhist teachings help us to be a good and a valuable person in the society.
	<b>Focus/Source</b>	Questions & Answers in Buddhism, Volume 1 by Radhika Abeysekera, Winnipeg

23	<b>Topic</b>	<b>Good Buddhist practices at home and in the society</b>
	<b>Learning Objective</b>	Identify the good and bad aspects of human behavior in the present society  Identify necessary improvements one should do to develop their own character
	<b>Focus/Source</b>	Questions & Answers in Buddhism, Volume 1 by Radhika Abeysekera, Winnipeg

24	<b>Topic</b>	<b>My behavior at home, in school and in the society</b>
	<b>Learning Objective</b>	Discuss how one should be more useful to the family and the society  Explain the difference between Buddhism and other religion
	<b>Focus/Source</b>	Questions & Answers in Buddhism, Volume 1 by Radhika Abeysekera, Winnipeg

25	<b>Topic</b>	<b>The Seven Jewels of <i>Dhamma</i></b>
	<b>Learning Objective</b>	Tell Seven Jewels of Dhamma Explain their meanings
	<b>Focus/Source</b>	Ibid.

26	<b>Topic</b>	<b>Buddhist women at the time of the <i>Buddha</i>: Queen <i>Mallikā</i> Queen <i>Khemā</i> and <i>Bhadda Kundalakesā</i></b>
	<b>Learning Objective</b>	Qualities of Queen Mallikā and Queen Khemā and their life stories .What a person need to do to be pretty/handsome, clever and rich in your next birth
	<b>Focus/Source</b>	Ibid.

27	<b>Topic</b>	<b>Respecting the Venerable Monks</b>
	<b>Learning Objective</b>	To make them understood the proper way of respecting Venerable monks
	<b>Focus/Source</b>	“Sīlavantam gunavantam Punnakkhettam anuttaram Dullabhena mayā laddham Buddhaputtam namāmaham”

<b>28</b>	<b>Topic</b>	<b>The Superior and The Inferior Person</b>
	<b>Learning Objective</b>	Qualities that make a person Superior Qualities that make a person inferior Identify the incidences that one behave as a Superior and Inferior
	<b>Focus/Source</b>	Ibid.