



Syllabus for Grade 7

1	Topic	The <i>Buddha</i> - A Unique Teacher
	Learning Objective	Explain the uniqueness of the Buddha Introduction to the Buddha's teachings Introduction to Tri - Pitaka
	Focus/Source	Ven. Dr.Mirisse Dhammika Theo, Grade 7 Siri Sudassanarama Dhamma School, Pannitiya Road, Sri Lanka.

2	Topic	Eight Precepts and Revision of Five Precepts
	Learning Objective	Recite Five and Eight precepts in Pāli correctly and explain their meanings Explain the importance and usefulness of 5 th to 8 th precepts in lay life Explain the ethics and moral values of 5 th to 8 th precepts
	Focus/Source	Ibid.

3	Topic	Eight Precepts and the Analysis
	Learning Objective	Discuss the value of the eight precepts towards a peaceful society
	Focus/Source	Ibid.

4	Topic	Three Bases of Merits
	Learning Objective	Explain the importance of three bases of merits
	Focus/Source	Ibid.

5	Topic	Three Bases of Merits and their Analysis
	Learning Objective	Analyze and explain how these merits become basic and ultimate Buddhist practices achieving Nibbāna
	Focus/Source	Ibid.

6	Topic	Four Noble Truths
	Learning Objective	Explain what the four noble truths are Discuss how four noble truths explain the reality of life and nature
	Focus/Source	Ibid.

7	Topic	Four Noble Truths and Eight Fold Path
	Learning Objective	Analyze how these two teachings (concepts) are interrelated each other Discuss what Buddhists achieve through following these two concepts Discuss how these concepts are valuable for a good behavior and a good neighborhood
	Focus/Source	Ibid.

8	Topic	<i>Jātaka Stories: Nalapāna Jātakaya, Nigrodhamiga Jātakaya</i>
	Learning Objective	Narrate the Jātaka stories with the moral ethics of each of the story Discuss the good and bad things and relate them with the lay life
	Focus/Source	Jātaka Stories: Nalapāna Jātakaya, Nigrodhamiga Jātakaya

9	Topic	Two chief disciples of Buddha; Ven.<i>Sāriputta</i> & Ven.<i>Moggallāna</i>
	Learning Objective	Briefly explain the life stories of Ven. <i>Sāriputta</i> & Ven. <i>Moggallāna</i> and list their humanities/moral behavior.
	Focus/Source	Ibid. Relatives and Disciples of Buddha, The Corporate of the Buddha Education and Foundation, Taipei, Taiwan

10	Topic	Ven.<i>Ānanda</i>
	Learning Objective	Explain Ven. <i>Ānanda</i> 's life and his services to the Buddhist Society.
	Focus/Source	Ibid. Relatives and Disciples of Buddha, The Corporate of the Buddha Education and Foundation, Taipei, Thaiwan

11	Topic	<i>Mahāprajāpatī Gothamī</i>
	Learning Objective	Discuss the life story of <i>Mahāprajāpatī Gotamī</i> and her service to the “ <i>Bikkhunī Sāsana</i> ”
	Focus/Source	Ibid. Relatives and Disciples of Buddha, The Corporate of the Buddha Education and Foundation, Taipei, Taiwan

12	Topic	<i>Buddha's journey to Sri Lanka</i>
	Learning Objective	Explain the three Buddha's visits to Sri Lanka; Discuss the places and the religious stories behind them.
	Focus/Source	www.buddhanet.net www.sripada.org

13	Topic	<i>The Last Days of Buddha</i>
	Learning Objective	Explain Buddha's deadly sickness and Mara's appeal Eight causes of Earthquakes
	Focus/Source	Ibid.

14	Topic	<i>The Last Meal</i>
	Learning Objective	Explain the last meal; the place, with whom, how they prepared Explain the last place of rest Places of Pilgrimage, The last Disciples
	Focus/Source	Ibid.

	Topic	<i>Karaṇīyamettasutta</i>
15	Learning Objective	Recite the Pāli stanzas Explain the meaning of the discourse of Karaṇīyametta Sutta. Highlight the important aspects of the Sutta towards personnel development
	Focus/Source	Ibid.

	Topic	Introduction to Meditation
16	Learning Objective	Explain the difference between Mettā Bhāvana, Anapānasati Bhāvanā, Buddhanusmṛti Bhāvanā Do a short meditation in class in correct posture
	Focus/Source	Ibid.

	Topic	Stanzas in <i>Dhammapada</i> (I-1/2)
17	Learning Objective	Recite
		Explain the meanings
		Discuss how the concepts given in those stanzas to help us to develop our life
	Focus/Source	Ibid.
		The Dhammapada, The Buddha's Path to Wisdom, Ven. Buddharakitha, www.buddhanet.net

	Topic	Stanzas in <i>Dhammapada</i> (I-3/4)
18	Learning Objective	Recite
		Explain the meanings
		Discuss how the concepts given in those stanzas to help us to develop our life
	Focus/Source	Ibid.
		The Dhammapada, The Buddha's Path to Wisdom, Ven. Buddharakkhitha, www.buddhanet.net

19	Topic	Buddhist monuments in Sri Lanka
	Learning Objective	Explain the different monuments find in Sri Lanka and their historical and cultural value
	Focus/Source	www.buddhainsrilanks.net www.wikipedia.org www.lanka.com

20	Topic	<i>Sri Mahā Bodhiya, Ruvanweliseya, Daladā Māligāva and Mihinthālaya</i>
	Learning Objective	The history of Sri Mahā Bodhiya, Ruvanweliseya, Daladā Maligawa and Mihintalaya
	Focus/Source	www.buddhainsrilanks.net www.wikipedia.org www.lanka.com

21	Topic	Sri Lankan Buddhist Celebrations
	Learning Objective	Explain different Buddhist celebrations in Sri Lanka as well as in other Buddhist countries and the importance and the history behind each celebration.
	Focus/Source	www.buddhist-tourism.com www.wikipedia.com www.lanka.com

22	Topic	Buddhist teachings towards a better life
	Learning Objective	Discuss how Buddhist teachings help us to be a good and a valuable person in the society.
	Focus/Source	Questions & Answers in Buddhism, Volume 1 by Radhika Abeysekera, Winnipeg

23	Topic	Good Buddhist practices at home and in the society
	Learning Objective	Identify the good and bad aspects of human behavior in the present society Identify necessary improvements one should do to develop their own character
	Focus/Source	Questions & Answers in Buddhism, Volume 1 by Radhika Abeysekera, Winnipeg

24	Topic	My behavior at home, in school and in the society
	Learning Objective	Discuss how one should be more useful to the family and the society Explain the difference between Buddhism and other religion
	Focus/Source	Questions & Answers in Buddhism, Volume 1 by Radhika Abeysekera, Winnipeg

25	Topic	The Seven Jewels of <i>Dhamma</i>
	Learning Objective	Tell Seven Jewels of Dhamma Explain their meanings
	Focus/Source	Ibid.

26	Topic	Buddhist women at the time of the <i>Buddha</i>: Queen <i>Mallikā</i> Queen <i>Khemā</i> and <i>Bhadda Kundalakesā</i>
	Learning Objective	Qualities of Queen Mallikā and Queen Khemā and their life stories .What a person need to do to be pretty/handsome, clever and rich in your next birth
	Focus/Source	Ibid.

27	Topic	Respecting the Venerable Monks
	Learning Objective	To make them understood the proper way of respecting Venerable monks
	Focus/Source	“Sīlavantam gunavantam Punnakkhettam anuttaram Dullabhena mayā laddham Buddhaputtam namāmaham”

	Topic	The Superior and The Inferior Person
28	Learning Objective	Qualities that make a person Superior Qualities that make a person inferior Identify the incidences that one behave as a Superior and Inferior
	Focus/Source	Ibid.