



## Syllabus for Kindergarten

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| <b>1</b> | <b>Topic</b>              | <b>Queen <i>Mahāmāyā</i>'s dream</b>   |
|          | <b>Learning Objective</b> | Able to Understand the meaning of the Queen's dream and basic knowledge of Prince Siddhartha's life            |
|          | <b>Focus/Source</b>       | The Buddhist Series: Life of the Buddha Level 1 → Coloring Sheet (showing an elephant carrying a lotus flower) |

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| <b>2</b> | <b>Topic</b>              | <b>Birth of Prince <i>Siddhārtha</i></b>  |
|          | <b>Learning Objective</b> | Able to understand the story of the Prince's birth, including all events that represent this important day.             |
|          | <b>Focus/Source</b>       | The Buddhist Series: Life of the Buddha Level 1 → Coloring Sheet (showing Prince Siddhārtha walking on 7 lotus flowers) |

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| <b>3</b> | <b>Topic</b>              | <b>The Buddhist Flag</b>   |
|          | <b>Learning Objective</b> | Able to recognize the Buddhist Flag, and name the appropriate colors |
|          | <b>Focus/Source</b>       | Color the picture of the flag  |

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| <b>4</b> | <b>Topic</b>              | <b>Respecting all animals</b>  |
|          | <b>Learning Objective</b> | Able to understand the importance of treating all animals with respect                                       |
|          | <b>Focus/Source</b>       | The Buddhist Series: Life of the Buddha Level 1 → The Wounded Swan, Color picture of animals being cared for |

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| <b>5</b> | <b>Topic</b>              | <b>The <i>Bodhi</i> Tree</b>  |
|          | <b>Learning Objective</b> | Able to understand the importance of the Bodhi tree to Buddhism and describe a few events in which this significance lays |
|          | <b>Focus/Source</b>       | Color picture of the Bodhi Tree   |

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|          | <b>Topic</b>              | <b>The Four Sights</b>           |
| <b>6</b> | <b>Learning Objective</b> | Able to describe the four sights |
|          | <b>Focus/Source</b>       | Draw and label the four sights   |

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|          | <b>Topic</b>              | <b>Veneration to Parents</b>   |
| <b>7</b> | <b>Learning Objective</b> | Able to Recite the Veneration to both mother and father-<br>Understands the importance of respecting parents |
|          | <b>Focus/Source</b>       | Veneration stanzas will be given to all students,<br>Coloring sheet of children worshipping parents.         |

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|          | <b>Topic</b>              | <b>Respecting Monks</b>                        |
| <b>8</b> | <b>Learning Objective</b> | Understands the importance of respecting monks |
|          | <b>Focus/Source</b>       | Color picture of monk                          |

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| 9 | <b>Topic</b>              | <b>Buddhist Signs – <i>Dharma Chakra</i> Wheel, Flowers, Candles, Wearing White Clothing when coming to the temple</b> |
|   | <b>Learning Objective</b> | Understands the meanings and purposes behind these signs and rituals   |
|   | <b>Focus/Source</b>       | Various Coloring Sheets  |

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| 10 | <b>Topic</b>              | <b><i>Vesak &amp; Vesak traditions/rituals</i></b> |
|    | <b>Learning Objective</b> | Understands rituals and importance of Vesak        |
|    | <b>Focus/Source</b>       | Various Coloring sheets                            |

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| 11 | <b>Topic</b>              | <b>Going to the Temple</b>  |
|    | <b>Learning Objective</b> | Understands the behaviors expected when going to the temple, and the importance of certain rituals including wearing white clothing, and offering flowers and incenses. |
|    | <b>Focus/Source</b>       | Coloring Sheet showing children attending temple  |

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|           | <b>Topic</b>              | <b>Offering <i>Dāna</i></b>  |
| <b>12</b> | <b>Learning Objective</b> | Understands the importance of giving <i>Dāna</i>   |
|           | <b>Focus/Source</b>       | Refer to Chapter 9 of The Buddhist Series: Life of the Buddha Level 1 ,Color picture of monk being offered Dana. |

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|           | <b>Topic</b>              | <b>The 5 Precepts</b>                          |
| <b>13</b> | <b>Learning Objective</b> | Able to list all 5 precepts                    |
|           | <b>Focus/Source</b>       | Draw and Color pictures relating to this topic |

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|-----------|---------------------------|---|
|           | <b>Topic</b>              | <b>Loving Kindness Meditation</b>   |
| <b>14</b> | <b>Learning Objective</b> | Able to understand the basic principles of the loving kindness meditation   |
|           | <b>Focus/Source</b>       | Students will be given the written stanzas of the meditation which will be practiced in class and encouraged to be practiced at home. |

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|           | <b>Topic</b>              | <b>Triple Gem Introduction</b> |
| <b>15</b> | <b>Learning Objective</b> | Understanding of Triple Gem    |
|           | <b>Focus/Source</b>       | Nirvāna Grade 1 Book           |

|           |                           |                             |
|-----------|---------------------------|-----------------------------|
|           | <b>Topic</b>              | <b>Buddha in brief</b>      |
| <b>16</b> | <b>Learning Objective</b> | Understanding of Triple Gem |
|           | <b>Focus/Source</b>       | Nirvāna Grade 1 Book        |

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|-----------|---------------------------|-----------------------------|
|           | <b>Topic</b>              | <b>Dhamma in brief</b>      |
| <b>17</b> | <b>Learning Objective</b> | Understanding of Triple Gem |
|           | <b>Focus/Source</b>       | Nirvāna Grade 1 Book        |

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| 18 | <b>Topic</b>              | <i>Sangha in brief</i>      |
|    | <b>Learning Objective</b> | Understanding of Triple Gem |
|    | <b>Focus/Source</b>       | Nirvāna Grade 1 Book        |

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| 19 | <b>Topic</b>              | <b>What do we take to temple?</b> |
|    | <b>Learning Objective</b> | Flowers/Joss sticks/oil/candle    |
|    | <b>Focus/Source</b>       | Draw pictures and color           |

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| 20 | <b>Topic</b>              | <b>Three places that we worship in a temple</b> |
|    | <b>Learning Objective</b> | Pagoda(Chetiya)/Bodhi tree/Buddha statue        |
|    | <b>Focus/Source</b>       | Draw pictures and color                         |

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| 21 | <b>Topic</b>              | <b>Respecting parents</b>                                      |
|    | <b>Learning Objective</b> | Venerating them every night, being obedient, listening to them |
|    | <b>Focus/Source</b>       | Draw pictures and color  |

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| 22 | <b>Topic</b>              | <b>Good Friends</b>                              |
|    | <b>Learning Objective</b> | To associate with good people and not bad people |
|    | <b>Focus/Source</b>       | Narrating a story/Color picture                  |

|    |                           |                                     |
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| 23 | <b>Topic</b>              | <b>Respecting Elders</b>            |
|    | <b>Learning Objective</b> | To be kind to people older than you |
|    | <b>Focus/Source</b>       | Narrating a story/Color picture     |



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| 24 | <b>Topic</b>              | <i>Vesak &amp; Poson days</i>   |
|    | <b>Learning Objective</b> | Significance of the above days  |
|    | <b>Focus/Source</b>       | Narrating a story/Color picture |

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| 25 | <b>Topic</b>              | <b>Religio-Historical places in Sri Lanka</b> |
|    | <b>Learning Objective</b> | Daladāmāligāva/Srīmahābodhiya                 |
|    | <b>Focus/Source</b>       | Draw pictures and color                       |

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| 26 | <b>Topic</b>              | <b>Good Habits</b>               |
|    | <b>Learning Objective</b> | <b>Manners/behaviors/respect</b> |
|    | <b>Focus/Source</b>       | Draw pictures and color          |

|           |                           |   |
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| <b>27</b> | <b>Topic</b>              | <b>Activities on Poya Day</b>                     |
|           | <b>Learning Objective</b> | Getting used to the observance of higher precepts |
|           | <b>Focus/Source</b>       | Learning what we get involved on Poya             |

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| <b>28</b> | <b>Topic</b>              | <b>Respecting the Venerable Monks</b>   |
|           | <b>Learning Objective</b> | To make them understood the proper way of respecting Venerable monks                                    |
|           | <b>Focus/Source</b>       | “Sīlavantam gunavantam<br>Punnakkhettam anuttaram<br>Dullabhena mayā laddham<br>Buddhaputtam namāmaham” |