

BVS Health and Safety protocols for COVID - 19

Under the BC disease control, guidelines we have all had to make significant behavioural changes, and new safety procedures to reduce the spread of COVID-19. Hence all the BVS devotees will need to follow these basic practices in the BVS premises.

Maintain safe behavioural practices

- Practice social distancing (specifically, staying 6 feet away from others or one family when you must go into a shared space in BVS premises)
- Frequently washing hands or use alcohol-based (at least 70% alcohol) hand sanitizer when soap and water are not available.
- Wearing a face mask is mandatory and don't discard mask in the temple.
- Avoid touching eyes, nose, and mouth
- Stay home when sick
- Clean and disinfect frequently touched objects and surface
- Anyone who has had symptoms of COVID -19 in the last 10 days must self-isolate at home; symptoms include fever, chills, new or worsening cough, shortness of breath, sore throat and new muscle aches or headache.
- Anyone under the direction of the provincial health officer to self-isolate must follow those instructions.
- Anyone who has arrived from outside of Canada must self-isolate for 14 days and monitor for symptoms.
- If anyone falls sick after attending to the BVS program should inform the BVS asap to follow the disinfect and safety procedures to maintain and minimize the risk.

Maintain the new health plans and procedures

- Maximum 25 people including Ven, monks and 2 zoom administrators allowed in the main shrine hall and all the religious activities should take place only in the main shrine hall. The family could sit as a bubble in one line. If there are more than 25 people rest of them could stay in the outside in the corridor while maintaining the physical distancing
- All the Puja arrangements will be done by the outside of the entrance and once Puja items are ready which could be transferred to the inside countertop as usual. (To minimize the outside germs getting in)
- All the devotees should follow the signs, physical distancing, wear masks, and sanitizing procedures before entering the shrine hall.
- Follow the one-way procedure to leave the shrine hall. Once the religious activities are done follow the directions and leave the building calmly by the front side doors while maintaining the physical distancing. No need to clean the cushions.

Maintain the Disinfect and cleaning and organizing procedures by the sponsors before and after the Religious Activities.

- Open all the doors, windows and Disinfect and clean the Mal Asanaya, floor and the countertops before each Puja.
- Arrange the seating places followed by the physical distancing floor sings.
- Arrange the outside Puja preparation table with Vases with water and Gilanpasa tray. Once preparations are done transfer the Pujawa inside countertops. Take care of the Pujawa until it offers.
- When the Puja is done, put back all the cushions and close all the open doors and windows and secure the shire hall.
- Disinfect frequently touched surfaces like door nobs, light switches, countertops, handles, toilets, faucets and sink.
- Clean all the garbage, green waste, and recycle into the final designated outside bins.
- Sanitizers are provided by the BVS for cleaning and please bring your personal protective types of equipment like gloves and masks for safety.
- Follow and complete the checklist after each religious activity in the main shrine hall.

Maintain the visiter log Book

In case of an outbreak in BVS premises, the visitor record book is implemented at the entrance of the Main shrine hall to follow up with the health and safety procedures. Reopening our temple requires all of us to move forward together using recommended best practices and maintaining safe daily habits in order to reduce our risk of exposure to COVID-19. Remember: We're all in this together!

Safer use of Hand Sanitizer with Children

If washing hands is not possible, children can use an alcohol-based hand sanitizer that is approved by Health Canada. Please read labels carefully as some products are for adults only and should not be used by pregnant or breastfeeding women. Hand sanitizer is not recommended for use on infants as their skin is still developing and changing.

Accidental exposure to cleaning or disinfectant products

If you or someone you know has been exposed to a disinfectant or sanitizer, do the following first-aid measures, and call your local [Poison Control Centre](#):

[1.800-567-8911](tel:18005678911)

